



### Medicine Safety Tips

Every year children and adults are treated in the emergency room due to poisoning from medication. Medications can be prescribed by a doctor or bought over the counter at a grocery store or pharmacy. Sometimes these medications make people sick because they are not taken as they are prescribed. If medication is left out, children often mistake it for candy because it is often bright and colorful.

#### Safety Tips

- ✓ Always store medications in a safe place out of the reach of children
- ✓ If you are taking or giving a child medicine and you must leave the room take the medication with you
- ✓ Check with your doctor before giving any medication to a child
- ✓ Never tell children that medicine is candy
- ✓ Never take medication if it was not prescribed for you
- ✓ Never leave medication out on a counter
- ✓ Take your medications at the same time every day
- ✓ Take medication as instructed
- ✓ Never increase the amount of medication without the doctors approval
- ✓ Bring a list of your medications to all doctor visits
- ✓ Keep all medicine in its original container

### Iowa Statewide Poison Control Center

**1-800-222-1222**



### "Give Kids a Smile Day"

February 1st is **"Give Kids a Smile Day"**. The first Friday of every February marks the time when dentists across the nation provide free oral health care to thousands of low-income children. Call your local dentists to see if they participate.

You may also visit the American Dental Association website for more information:

<http://www.ada.org/givekidsasmile.aspx>

### Why You Should Keep Your Appointments

There are many good reasons to keep your appointments. When you miss an appointment, the provider has the right to charge you a fee, if that is their office policy. Medicaid does not cover this fee. You may have to pay this. Providers can even refuse to see you if you miss appointments. If that happens, you will need to find a new provider that accepts Medicaid. In some places it may be hard to find a new provider.

Most providers want to know at least 24 hours in advance if patients need to reschedule or cancel. Missed appointments are time they could use to treat other people who are in need of care. Check with your provider to find out what their office policy is for missed appointments.

Most importantly, keeping your appointments is the best way to work with your provider to manage and maintain your health.

**Iowa Medicaid Member Services**  
**1-800-338-8366**

## How to Get Help for Non-Emergency Medical Transportation

Call Transportation Management System (TMS) at **1-866-572-7662, at least 72 business hours** before the appointment to schedule a trip reservation. Have the following information ready when calling:

1. Your full name, home address (no P.O. Boxes), telephone number, and Medicaid ID number.
2. The appointment date(s) and time and the reason for the visit.
3. The medical provider's name, physical address, and phone number.

For trips outside your county, you also need to provide TMS with the Medicaid provider's fax number. TMS will fax the provider a form to verify the long-distance request.

If you are seeking mileage reimbursement, a copy of a valid driver's license and insurance card for the driver will need to be mailed or faxed to TMS. TMS' fax number will be provided when you call.

**Important Note:** Transportation and reimbursement can only be obtained for services paid for by Medicaid.

### Learn more at the TMS website:

<http://tmsmanagementgroup.com/index.php/iowa-medicaid-net-program/>



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## New Year's Resolution Quit Smoking!

Iowa Medicaid wants to help you with your New Year's resolution to quit smoking with our Smoking Cessation program. It is free and easy!

Call your provider and tell them you want to quit smoking today. You and your provider will work together to decide the best plan for you.

The following medications may be ordered by your doctor:

- Chantix
- Bupropion (generic Zyban)
- Nicotine replacement patches
- Nicotine gum

If your provider chooses Chantix, the over the counter nicotine replacement patches or gum, you will be required to participate in telephone counseling with Quitline Iowa.

Your provider will need to complete a prior authorization form for you at your office visit and fax it to Quitline Iowa.

Quitline Iowa will then contact you to gather information and will enroll you in the Quitline Iowa counseling program. Your prior authorization request will be sent to Iowa Medicaid for approval of your medication.

Once Iowa Medicaid has approved the prior authorization, you can pick up your medication at your pharmacy.